



Meow Meow

JNÇQUOI



Bem-vindo ao Frou Frou,

Viaje pelos loucos anos 20 e pelos cenários mais extravagantes da China underground, onde a decadência reina e o jantar se transforma num verdadeiro espetáculo. Saboreie uma gastronomia única, com glamour irreverente e performances icónicas que o convidam a viver momentos inesquecíveis.

Welcome to Frou Frou,

Soar through the roaring 20's and underground China's most extravagant venues, where decadence reigns and dinner becomes spectacle. Expect bold flavours, wild glamour, and iconic performances that invite you to surrender to the moment, indulge shamelessly, and lose yourself in a night like no other.

欢迎来到 Frou Frou,

灵感来源于中国20年代的高级会所 这是第一个世界上带有沉静式音乐的餐厅 就像FrouFrou小姐那么绝艳的角色 带来中国地道的风味 在一个亲密，独特和惊奇的环境中

ALERGIA ALIMENTAR

FOOD ALLERGY

食物过敏



Aipo
Celery
芹菜



Gluten
Gluten
面筋



Crustáceos
Crustaceans
贝壳类



Moluscos
Molluscs
海鲜类



Ovos
Eggs
鸡蛋



Peixe
Fish
鱼类



Lactose
Lactose
乳糖



Frutos Secos
Nuts
坚果类



Amendoim
Peanut
花生



Sésamo
Sesame
芝麻



Soja
Soy
大豆



Mostarda
Mustard
黄芥末

Todos os preços incluem IVA à taxa legal.
All our prices include VAT and service.
我们所有的价格都包括增值税和服务

Todas as imagens utilizadas são meramente ilustrativas, podendo não corresponder à imagem real.
All pictures are for reference only, the actual presentation of the dishes might be different.
所有图片仅供参考，菜品以实际呈现为准

ENTRADAS & SALADAS

STARTERS & SALADS

頭盤同沙律



- 1. NOZES PECAN CROCANTES DOCES COM FLOR DE SAL 9
CAMELIZED PECAN NUTS WITH FLEUR DE SEL
双味酥脆长寿果 
- 2. TOFU COM VINAGRE, MOLHO PICANTE, AMENDOIM E COENTROS 18
TOFU WITH VINEGAR, CHILLI OIL, PEANUTS AND CORIANDER
凉拌豆腐    
- 3. SALADA DE PATO CROCANTE COM REBENTOS, TORANJA E ROMÃ 25
CRISPY DUCK SALAD WITH SPROUTS, GRAPEFRUIT AND POMEGRANATE
脆鸭西柚石榴沙拉     
- 4. SALADA DE FRANGO BANG BANG COM CAJU E ARROZ CROCANTE 25
BANG BANG CHICKEN SALAD WITH CASHEW NUTS AND CRISPY RICE
脆米腰果棒棒鸡沙拉     
- 5. TOSTA DE CAMARÃO TIGRE E SÉSAMO 35
TIGER PRAWN AND SESAME TOAST
麻香虾吐司     
- 6. SALADA DE PEPINO, COGUMELOS ORELHAS DE JUDAS, COENTROS 13
MALAGUETA E AMENDOIM
CUCUMBER, BLACK FUNGUS, CORIANDER, CHILLI AND PEANUT SALAD
凉拌青瓜木耳花生仁  
- 7. SOPA DE WONTON DE CAMARÃO 18
PRAWN WONTON SOUP
鲜虾馄饨汤     



DIM SUMS

小籠包



8. HAR GOW, DUMPLING DE CAMARÃO E CASTANHA DE ÁGUA 12

HAR GOW, PRAWN AND WATER CHESTNUT DUMPLING

晶莹蒸虾饺



9. WONTON SIEW MAI, DUMPLING DE CAMARÃO, PORCO 12

COGUMELOS E VIERIAS

WONTON SIEW MAI, PRAWN, PORK, MUSHROOMS AND SCALLOPS DUMPLING

扇贝鲜虾猪肉蒸烧卖



10. BAO DE PORCO CHAR SIU 9

CHAR SIU PORK BAO

港式叉烧包



11. XIAO LONG BAO 12

XIAO LONG BAO

小笼包



12. CHEUNGFAN DE CAMARÃO 24

PRAWN CHEUNGFAN

鲜虾布拉肠粉



13. DUMPLING DE COGUMELOS, OVO E GOJI 8,5

MUSHROOM, EGG AND GOJI DUMPLING

双菇上素饺



14. DUMPLING CROCANTE DE CARANGUEJO, OVO 25

MAIONESE PICANTE E CAVIAR JNcQUOI

CRISPY CRAB DUMPLING WITH EGG, CHILI MAYONNAISE AND JNcQUOI CAVIAR

长脚蟹脆盒



15. SPRING ROLLS DE LEGUMES COM MOLHO DE AMEIXA 18

VEGETABLES SPRING ROLLS WITH PLUM SAUCE

梅酱上素春卷



16. DUMPLING DE WAGYU E TRUFA 18

WAGYU AND TRUFFLE DUMPLING

松露和牛烧卖



17. CHEUNGFAN DE CARABINEIRO CROCANTE E CAVIAR 38

CRISPY SCARLET SHRIMP CHEUNGFAN AND CAVIAR

脆皮红虾肠粉配鱼子酱



18. WONTONS DE PORCO E CAMARÃO COM OVO, SOJA, CHILLI 26 E ALHO CROCANTE

PRAWN AND PORK WONTONS WITH EGG, SOY SAUCE,

CHILLI AND CRISPY GARLIC

红油三鲜馄饨



19. CROCANTE DE AIPO CHAR SIU COM PÓ DE FRAMBOESA 12

CRISPY CELERIAC CHAR SIU ROLL WITH RASPBERRY POWDER

树莓叉烧芹菜脆皮卷



20. DUMPLING DE LAVAGANTE COM OVAS DE SALMÃO 18

LOBSTER DUMPLING WITH SALMON ROE

龙虾蒸饺佐三文鱼籽



21. DUMPLING FRITO DE CAMARÃO, FRANGO E WASABI 21

FRIED DUMPLING WITH PRAWN CHICKEN AND WASABI

芥末鸡虾脆饺子



PEIXE & MARISCO

FISH & SEAFOOD
魚同海鮮



22. RASCASSO A VAPOR AO ESTILO SICHUAN 55
SICHUAN STEAMED SCORPION FISH
川香蒸红鮠鱼



23. CAMARÃO AGRIDOCE 34
SWEET AND SOUR PRAWNS
凤梨酸甜虾仁



24. PEIXE DO DIA AO ESTILO BEI FUNG TONG 48
BEI FUNG TONG-STYLE FRESH FISH OF THE DAY
避风塘风味时鱼



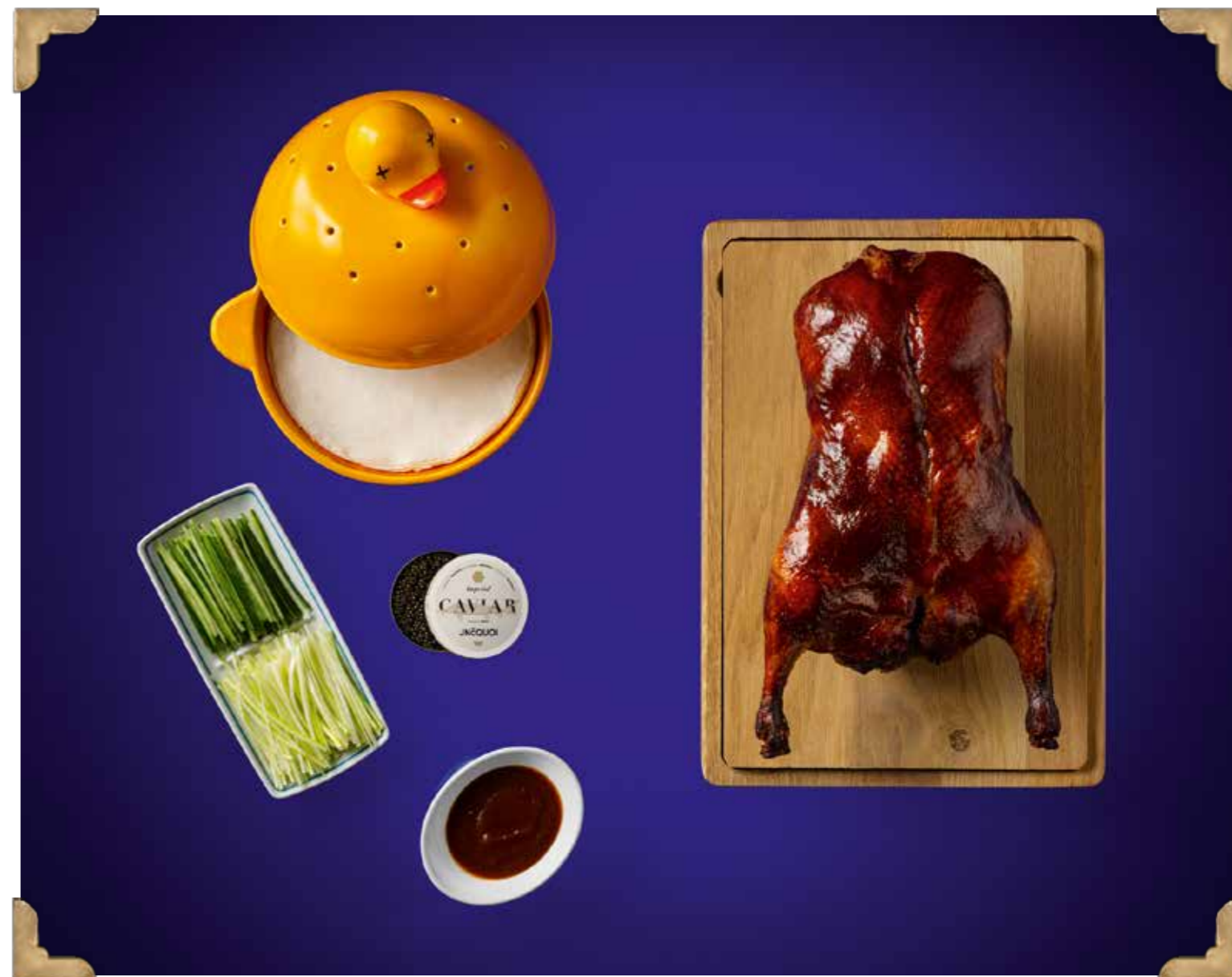
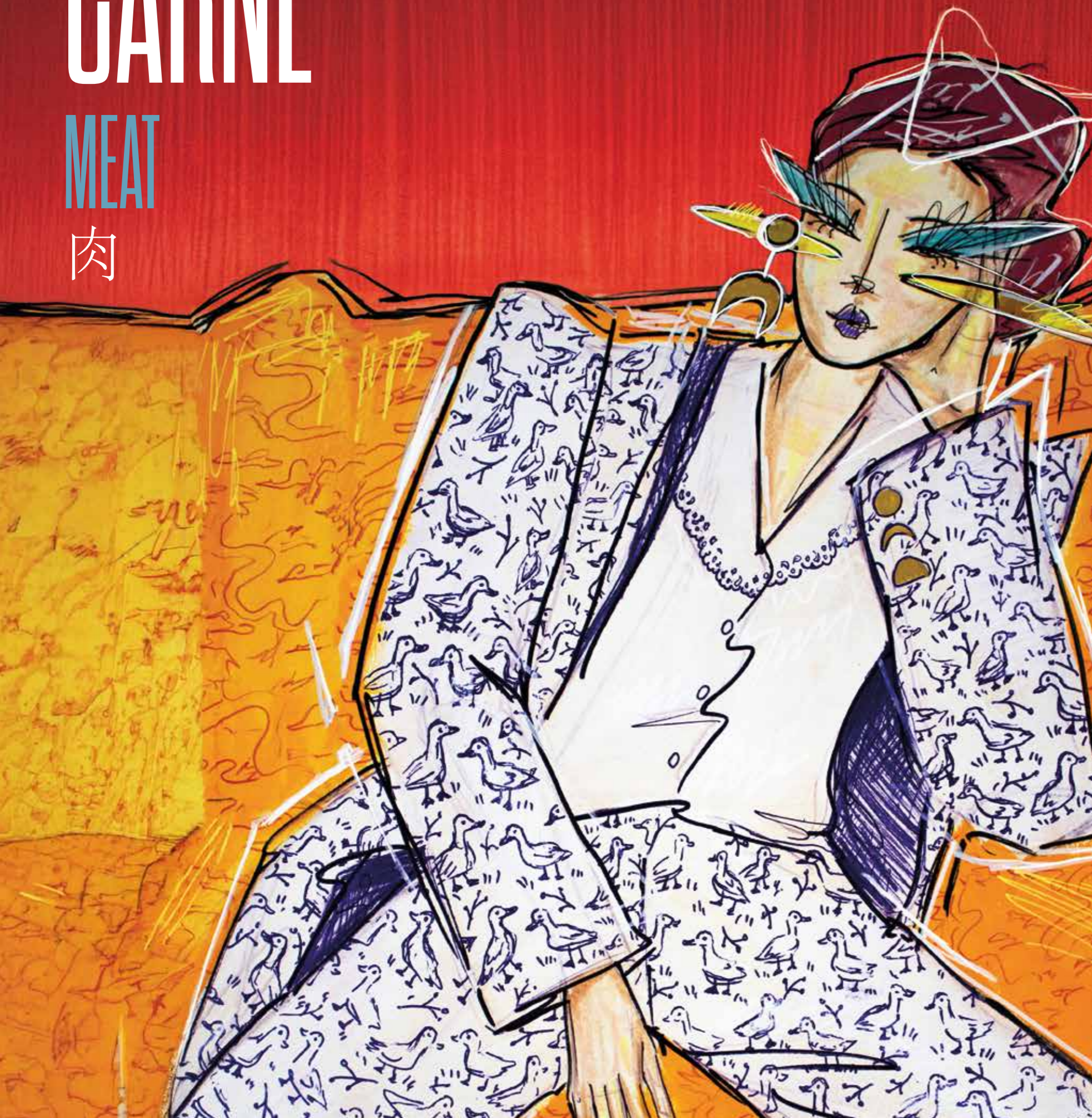
25. LAVAGANTE KUNG PAO 68
"KUNG PAO" LOBSTER
官保龙虾



CARNE

MEAT

肉



26. PATO ASSADO CANTONÊS COM MOLHO DE AMEIXA 58
ROASTED CANTONESE DUCK WITH PLUM SAUCE
港式烧鸭佐梅子酱



27. VACA SALTEADA COM PIMENTA PRETA 35
STIR FRIED BEEF WITH BLACK PEPPER
黑胡椒牛仔肉



28. FRANGO KUNG PAO 28
KUNG PAO CHICKEN
宫保鸡丁



29. COSTELA DE WAGYU COM CITRINOS 62
CRISPY WAGYU SHORT RIB WITH CITRUS
青柠脆皮小牛肉



30. PATO À PEQUIM JNcQUOI 180
JNcQUOI PECKING DUCK
JNcQUOI 北京烤鸭



31. PATO À PEQUIM JNcQUOI COM CAVIAR JNcQUOI 220
JNcQUOI PECKING DUCK WITH JNcQUOI CAVIAR
JNcQUOI 北京烤鸭配奥西特拉鱼子酱



ARROZ & NOODLES

RICES & NOODLES

麵同飯



32. NOODLES DE ARROZ SALTEADOS COM VACA E REBENTOS 34

STIR FRIED RICE NOODLES WITH BEEF AND SPROUTS

干炒牛河



33. ARROZ CANTONÊS COM PORCO CHAR SIU, PATO ASSADO E OVO 52

CANTONESE CLAYPOT RICE WITH CHAR SIU PORK,
ROASTED DUCK AND EGG

港式腊味滑蛋瓦煲饭



34. ARROZ SALTEADO COM WAGYU 44

WAGYU STIR FRIED RICE

和牛香炒饭



35. CLAYPOT DE PINTADA COM COGUMELOS E TRUFA 45

GUINEA FOWL CLAYPOT WITH MUSHROOMS AND TRUFFLE

松露蘑菇砂锅珍珠鸡



36. NIAN GAO SALTEADO COM MOLHO XO 34

E CARANGUEJO DE CASCA MOLE

WOK FRIED NIAN GAO WITH XO SAUCE AND SOFT-SHELL CRAB

XO 酱蟹肉炒年糕



37. ARROZ NEGRO SALTEADO COM PORCO E CAMARÃO 36

STIR FRIED BLACK RICE WITH PORK AND PRAWN

鲜虾猪肉炒黑米饭

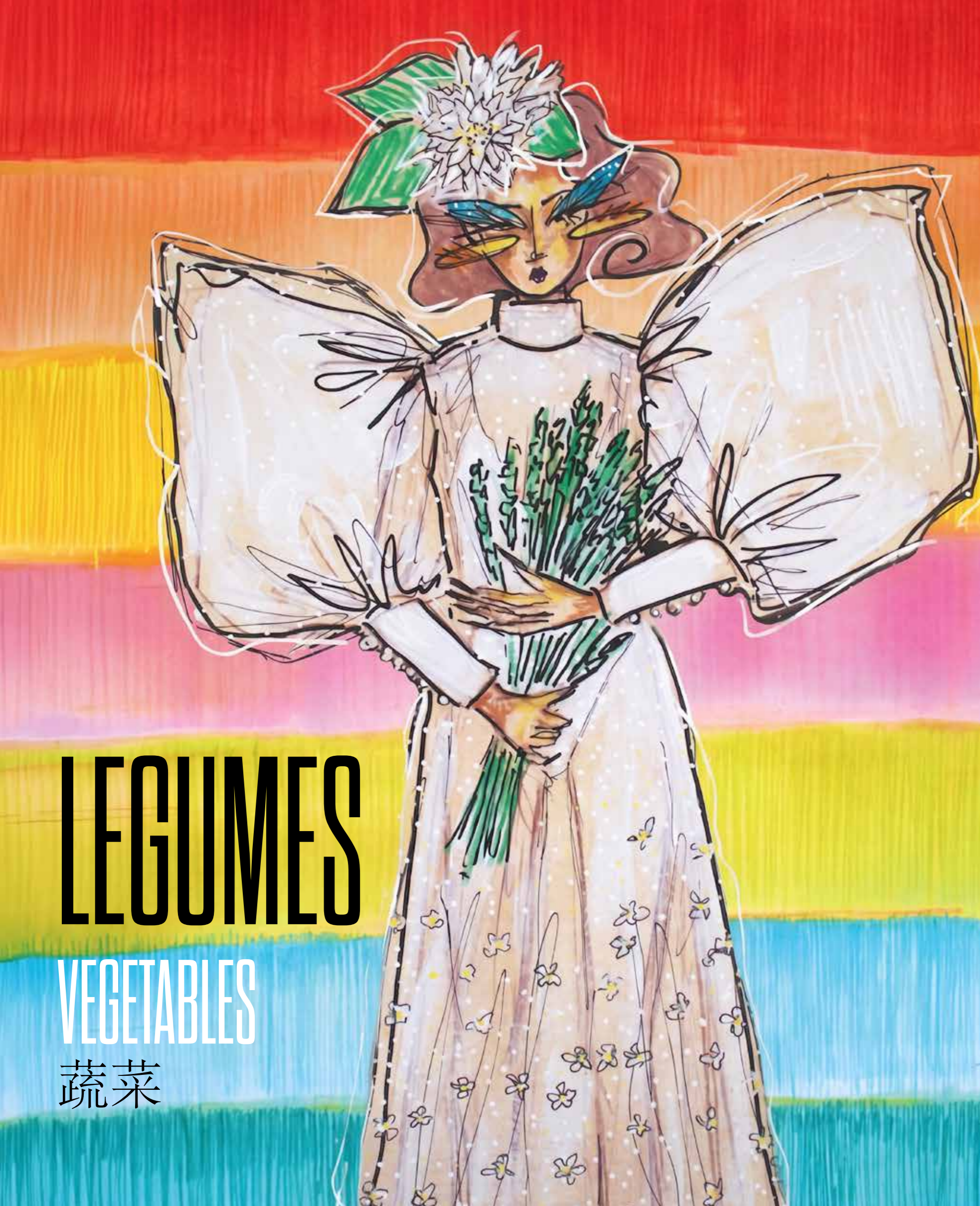


38. ARROZ SALTEADO COM OVO 14

STIR FRIED RICE WITH EGG

经典蛋炒饭





LEGUMES

VEGETABLES

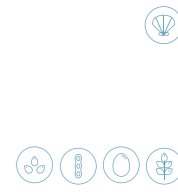
蔬菜



39. BOK CHOY COM MOLHO DE OSTRA 19
BOK CHOY WITH OYSTER SAUCE
蚝油炒小白菜

40. LEGUMES SALTEADOS, COGUMELOS E OVO 27
STIR FRIED VEGETABLES, BLACK FUNGUS AND EGG
杂锦炒蔬菜

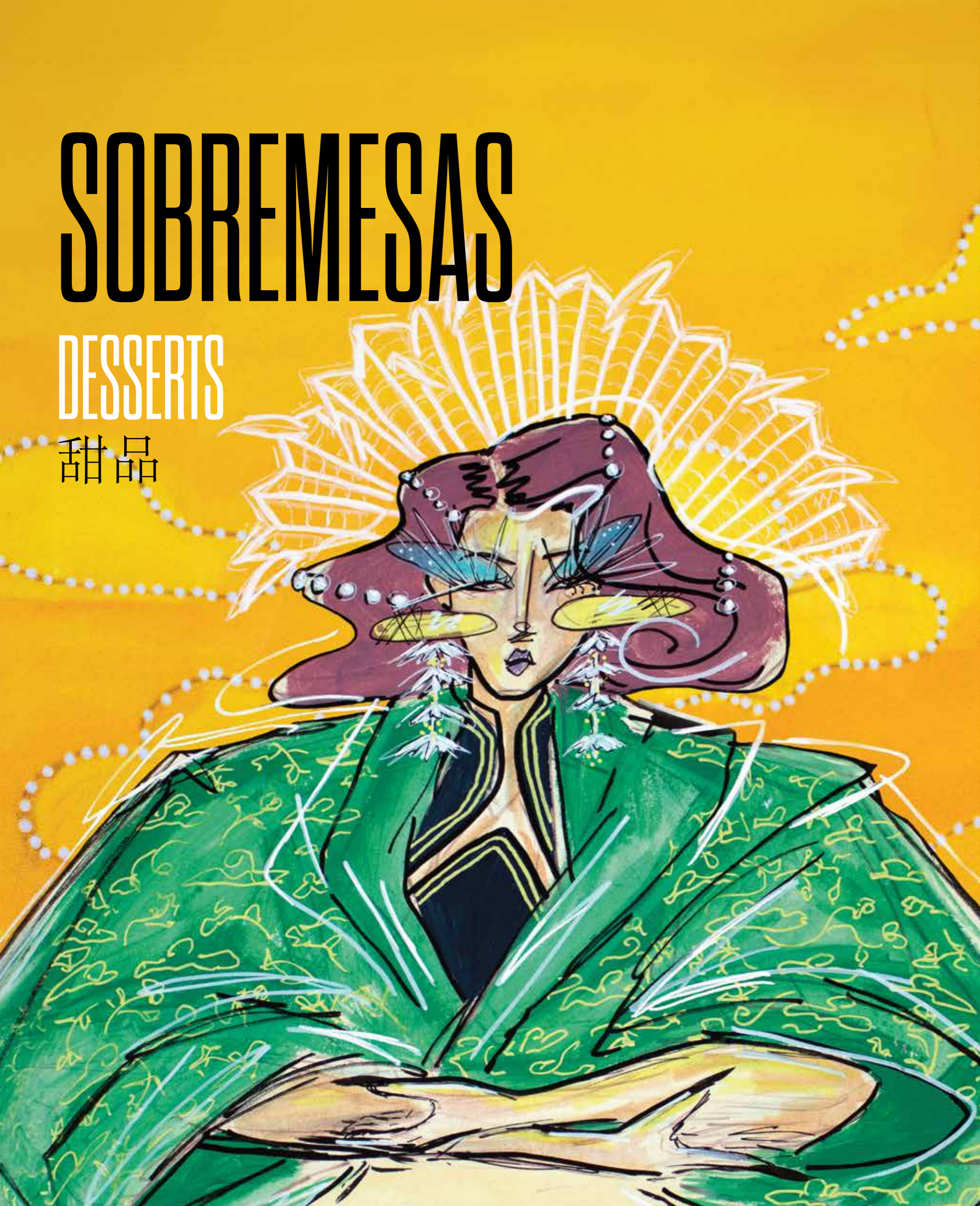
41. BIMI SALTEADO COM ALHO 18
STIR FRIED BIMI WITH GARLIC
蒜蓉炒西兰苔



SOBREMESAS

DESSERTS

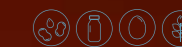
甜品



42. TARTE DE LIMÃO E YUZU MERENGADA 11

LEMON AND YUZU MERINGUE TART

柠檬柚子酥挞



43. PAVLOVA COM FRUTOS VERMELHOS E CREME DE CHÁ VERDE 11

PAVLOVA WITH RED BERRIES AND MATCHA CREAM

红果帕夫洛娃配抹茶奶油



44. BAO DE GEMA DE PATO SALGADA E LARANJA (1UN) 11

STEAMED BUN WITH SALTED DUCK EGG YOLK AND ORANGE CUSTARD (1UN)

橙香咸蛋黄流心包



45. TARTE DE MOUSSE DE CHOCOLATE, INSPIRAÇÕES DE FRAMBOESA 11

CHOCOLATE MOUSSE TART WITH RASPBERRY NOTES

巧克力慕斯挞配树莓



46. SEMI-FRIO DE BAUNILHA E LIMA KAFFIR 11

CONFIT DE MANGA E MARACUJÁ

VANILLA AND KAFFIR LIME SEMIFREDDO, MANGO

AND PASSION FRUIT CONFIT

香草卡菲尔青柠半冻配芒果百香果酱



★ 47. BABA DE TUBARÃO 13

SHARK'S DROOL

“鲨鱼也垂涎”木糠蛋糕



48. FRUTA TROPICAL 10

TROPICAL FRUIT

热带时令水果

49. GELADOS E SORBETS SANTINI 4

SANTINI ICE CREAMS AND SORBETS

冰淇淋与雪葩



